

Upper Missouri Ministries

PACKING LIST



WHAT TO BRING:

- Bible
- Water Bottle
- Casual Clothing
- Sandals or flip flops (beach & shower)
- Tennis Shoes or closed toed shoes
- Sweatshirt or Light Jacket
- Swim Suit: *one piece for girls*
- 2 Towels: 1 for showering & a Beach Towel
- Bug spray
- Sun Screen
- Sleeping Bag & Pillow
- Typical Toiletries
- Something White to Tie Dye
- Health Form: *If you did not complete online version*
- Regular Medications: *please send only the amount needed*
- Volleyball Camp: Shoes for the Gym & Knee Pads

WHAT NOT TO BRING:

- Cell Phones
- Gizmo Watch, Apple Watch or others similar
- iPods, iPads or Tablets
- Candy, Gum or other Food: *2 snacks a day are included in the price of camp*
- Expensive Jewelry
- Spaghetti-strap or Cutoff Shirts
- Leggings
- Weapons, drugs, tobacco or alcohol
- Extra Money: *The UMM store will be open after each camp session. You are welcome to purchase items during these times.*

If we do find any of these items we will store them in our office and return them to you before you leave.