

# Upper Missouri Ministries

## PACKING LIST



### WHAT TO BRING:

- Bible
- Water Bottle
- Casual Clothing
- Sandals or flip flops
- Tennis Shoes or closed toed shoes
- Sweatshirt or Light Jacket
- Swim Suit: *one piece for girls*
- 2 Towels: 1 for showering & a Beach Towel
- Bug spray
- Sun Screen
- Sleeping Bag & Pillow
- Typical Toiletries
- Something White to Tie Dye
- Health Form: *If you did not complete online version*
- Regular Medications: *please send only the amount needed*
- Volleyball Camp: Shoes for the Gym & Knee Pads
- Golf Camp: Golf Clubs

### WHAT NOT TO BRING:

- Snacks: *Snacks are included in the price of camp*
- Candy, Gum or other Food
- Cell Phones
- Expensive Jewelry
- Spaghetti-strap or Cutoff Shirts
- iPods, iPads or Tablets
- Weapons, drugs, tobacco or alcohol
- Extra Money: *The UMM store will be open after each camp session. You are welcome to purchase items during these times.*

***If we do find any of these items we will store them in our office and return them to you before you leave.***